

## Covid-19 symptom parental support tool September 2020

If your child is unwell, do they have:

1. A new continuous cough?
2. A fever (high temperature over 38°C)?
3. A complete loss or change of taste or smell?

NO

Does your child have an underlying health condition? For example a serious heart or lung condition eg severe asthma, requiring on going hospital appointments.

NO

YES

YES

Current advice Sept 2020:

- Keep your child off school at home
  - Inform your child's school
  - Speak to 119 or go to [www.gov.uk/coronavirus](http://www.gov.uk/coronavirus)
  - If advised, then arrange a Covid test to be done
- Your child and household should self isolate until you have the result of the test.
- <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/what-your-test-result-means/>

Would you have kept your child off school before Covid-19?

YES

Keep your child off school and inform the school

NO

Speak to their specialist team for advice regarding testing or if you are concerned and you have not already seen or spoken to them. Keep them off school whilst you do this.

Children who are otherwise completely well with only:  
Runny nose or sneezing  
Mild Cold symptoms without fever  
**Can go to school as normal**

You may not be able to tell the difference between Covid-19 and other viral illness

**Babies and children can still get illness that can make them unwell very quickly. It's important to get medical help if you need it.**

Call 111 if you're worried about a baby or child.

If your child seems very unwell, is getting worse or you think there's something seriously wrong, call 999.

Do not delay getting help if you're worried. Trust your instincts.

**A runny or stuffy nose is rarely a symptom of Covid-19 (WHO 2020)**  
**Sneezing is not a symptom of Covid - 19 (WHO 2020)**